

Trichomoniasis

What is trichomoniasis?

Trichomoniasis is a common curable sexually transmitted disease often referred to as “trich”.

How do you get trichomoniasis?

The infection is transferred through penis-to-vagina intercourse or vulva-to-vulva contact with an infected partner.

What are the symptoms?

Most men do not have symptoms, but some can have mild burning with urination or a slight discharge. Women usually have a foul smelling discharge. Symptoms usually occur 5-7 days after exposure.

How is it treated?

Trichomoniasis is usually treated with prescription drugs. Persons being treated should not have sex until they and their sexual partners have been treated and no longer have symptoms in order to prevent getting re-infected. Even persons without symptoms must be treated!

How can trichomoniasis be prevented?

The only way to avoid getting a sexually transmitted disease is to abstain from sexual contact, or to be in a monogamous relationship with a partner who has been tested and known to be uninfected. Latex condoms and dental dams, when used correctly each and every time can reduce the chance of getting sexually transmitted diseases.