

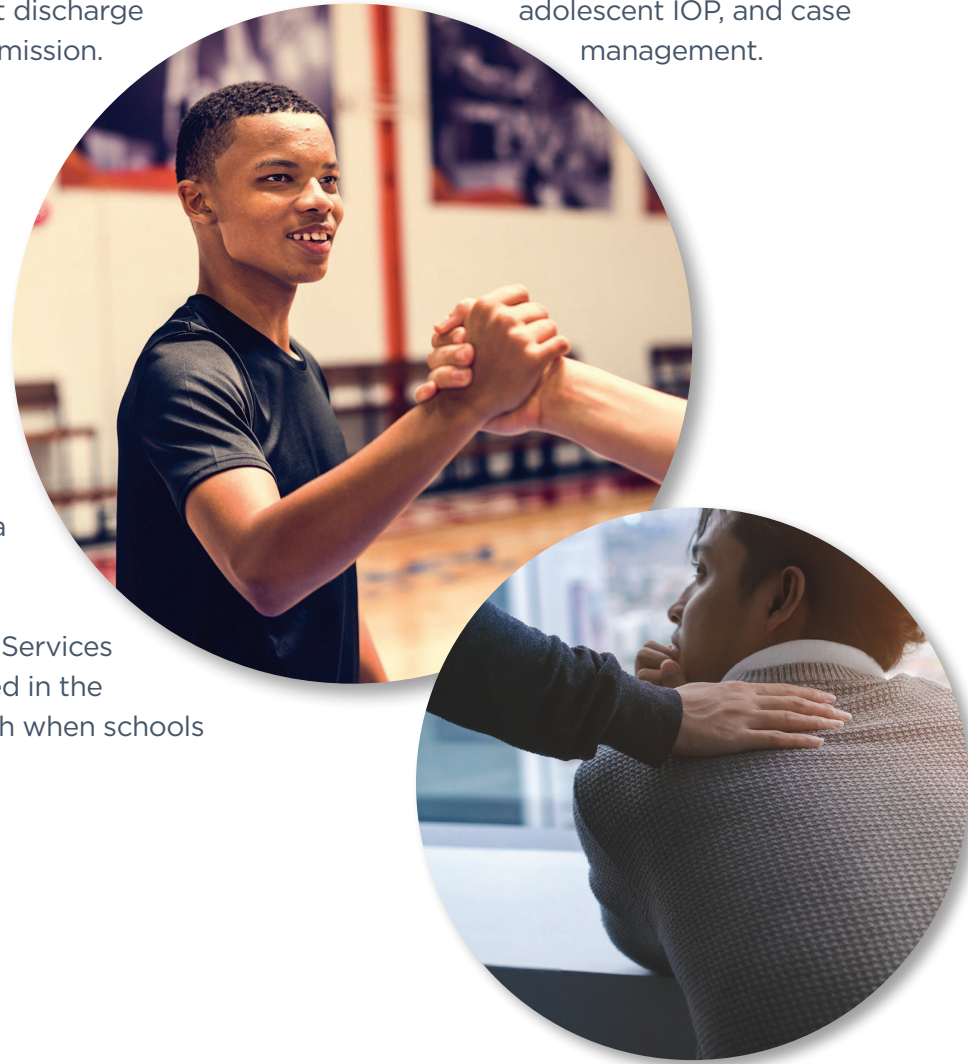
RAPID ACCESS PROGRAM

The Rapid Access Program provides comprehensive follow-up care to individuals admitted to psychiatric units who are not currently connected to a mental health agency. We provide a bridge from in-patient to out-patient services through a mental health evaluation that encompasses Social Determinants of Health (SDOH) to patients while they are on the unit to ensure continuity of care post discharge and reduce psychiatric hospital readmission.

Established clients at The Centers can receive follow-up psychiatric appointments and work through admission and follow-up with the clinical team.

SCHOOL-BASED BEHAVIORAL HEALTH THERAPY (SB-BHT)

SB-BHT provides individual counseling to youth in charter and public schools throughout Cuyahoga County. These supportive services are provided at the school and are incorporated into the academic day. Services are available year-round and provided in the community, at home, or via telehealth when schools are not in session.



SUBSTANCE USE DISORDER (SUD) COUNSELING

We provide wrap-around support for substance use disorder (adolescent and adult) by assessing, diagnosing, and developing a treatment plan as well as arranging care for behavioral health issues. We offer intensive outpatient treatment (IOP), non-intensive outpatient therapy (NIOP), group counseling, partial hospitalization (PHP), adolescent IOP, and case management.



THE CENTERS
Health. Family. Work. **Hope.**

The Centers' Behavioral Health Programs

Be seen. Be heard. Be healthy.

OUR BEHAVIORAL HEALTH SERVICES INCLUDE:

- Access to Wellness (A2W) Program
- Adolescent Treatment Program
- Assertive Community Treatment (ACT) Program
- Behavioral Health Urgent Care (BHUC)
- Case Management
- Counseling Services
- Early Childhood Mental Health (ECMH)
- FIRST Episode Psychosis
- Intensive Home-Based Treatment (IHBT)
- Medication Assisted Treatment (MAT)
- Partial Hospitalization Program (PHP)
- Peer Support Services
- Psychiatric Services
- Rapid Access Program
- School-Based Behavioral Health Therapy (SB-BHT)
- Substance Use Disorder Counseling

COMPASSIONATE CARE FOR EVERY CONDITION.

We help people of all ages manage their mental health and life's everyday stressors with a full range of services, including psychiatry, counseling, and case management. We meet you where you are and provide judgement-free care as needed. We'll assess your presenting needs and create a plan tailored specifically to you.

ACCESS TO WELLNESS (A2W) PROGRAM

Supporting individuals with serious mental illness achieve successful long-term recovery, our Access to Wellness (A2W) Program provides funding for essential resources - such as housing costs, utilities, food, clothing, transportation, and childcare - for those who qualify. Participants do not need to be clients of The Centers to receive Access to Wellness (A2W) Program support.

ADOLESCENT TREATMENT PROGRAM

The Adolescent Treatment Program for non-intensive outpatient treatment (NIOP) and intensive outpatient treatment (IOP) provides support to youth, ages 13-17, addressing issues that lead to the relapse of both mental health and substance use. Through the combination of a three-phase group and individual counseling program, youth develop coping skills to live a more constructive, optimistic, and stress-reduced life and remain abstinent from substances.



Let our compassionate team help you get the treatment you deserve.



To order additional copies, please email marketing@thecentersohio.org



Creating life-changing solutions for people in Northeast Ohio to lead healthier and more successful lives.


thecentersohio.org/health
216.325.WELL (9355)

Health. Family. Work. Hope.


New programs always being added
As of Q4 2023

ASSERTIVE COMMUNITY TREATMENT (ACT) PROGRAM

Assertive Community Treatment (ACT) provides communitybased, multi-disciplinary mental health treatment for individuals with severe and persistent mental illness. Through treatment, rehabilitation, and support services, we help individuals achieve their goals and live independently in their community.

BEHAVIORAL HEALTH URGENT CARE (BHUC)

The BHUC provides urgent behavioral health services to anyone 6 and older experiencing serious emotional disturbances, significant changes in mental health symptoms, or co-occurring behavioral health conditions. BHUC services

are available on a walk-in basis or through in-person scheduled appointments at our University Circle and Gordon Square locations. Virtual encounters are scheduled on a case-by-case basis. Individuals under the age of 18 must be accompanied by a parent or legal guardian to receive care.



CASE MANAGEMENT

Case Management is a comprehensive process of planning, coordinating care, and advocating for a patient to make sure their health needs are met. Through communicating available resources and promoting safety and quality of care, Case Managers can help patients live their best lives.

COUNSELING SERVICES

Telehealth and in-person counseling services are available for youth and adults at each of our five Health and Wellness locations. Our compassionate team of licensed team members utilize evidence-based practices such as Dialectical Behavior Therapy (DBT), Art Therapy, Eye Movement Desensitization and Reprocessing (EMDR), and Cognitive Behavioral Therapy (CBT) - including CBT for psychosis and Trauma-Focused CBT. We also offer several group programs, including creative coping, anger management, and DBT skills training.



EARLY CHILDHOOD MENTAL HEALTH (ECMH)

The Centers provides both therapeutic and consultation services to children 0-6 who struggle with social, emotional, and behavioral difficulties. These supportive services are provided in the home and in the classroom at our six early learning sites.

FIRST EPISODE PSYCHOSIS

A component of The Centers' new Specialized Treatment, Advocacy & Recovery Services (STARS) program for schizophrenia, FIRST is an evidence-based approach used in the early identification and treatment of first episode psychosis and focuses on empowering individuals to make meaning of their experiences, pursue their goals, and work towards recovery. Services include Case Management, Group Therapy, Individual and Family Education Groups, Individual Resiliency Training, Peer Support Specialists, Psychiatric Care, Psychoeducation for Support Systems, and Supported Employment/Education.



INTENSIVE HOME-BASED TREATMENT (IHBT)

IHBT is a behavioral health service designed to meet the needs of youth, 7-17 years old, who are at risk of out-of-home placement - such as inpatient hospitalization or residential treatment - or who are returning from placement. This program provides intensive treatment services targeted at problem behaviors, emotional difficulties, and relationship issues at home and in the community.

MEDICATION ASSISTED TREATMENT (MAT)

Our MAT program provides person-centered addiction treatment for people with opioid use disorder. It may include medications and/or counseling and behavioral therapies. We meet clients where they are on their road to recovery and offer buprenorphine medications (Suboxone, Sublocade) and Vivitrol.

PARTIAL HOSPITALIZATION PROGRAM (PHP)

PHP provides in-depth treatment while allowing patients the freedom to live life outside of treatment. These intense treatment plans address drug and alcohol dependency and the underlying causes behind the addiction. PHP treatment can last several weeks to a few months depending on the severity of the addiction and any co-existing conditions.

PEER SUPPORT SERVICES

Peer Support Services provide a unique opportunity to engage with someone who knows first-hand what the recovery process entails and is living proof that recovery is possible. They have a direct lived experience of mental health and/or substance use issues and share from their own personal experiences, to help identify workable strategies that can be successfully implemented into one's life.

PSYCHIATRIC SERVICES

The Centers Psychiatry Team provides a full scope of psychiatric evaluations and treatment services to adults and children. Based on individual needs, treatment options may include individual, group, and family psychotherapy, individualized behavioral therapy, psycho-pharmacotherapy, or a combination. We treat most behavioral health care needs on an out-patient basis. If hospitalization is needed, we assist you through affiliated programs.

