



THE CENTERS

Health. Family. Work. **H.O.P.E.**

Early Childhood Mental Health Services (ECMH)

Be seen. Be heard. **Be healthy.**

HOURS

Monday through Friday
8:30 a.m. to 5:00 p.m.
and evenings by
appointment.

PAYMENT

Medicaid is accepted for ECMH Therapy. Thanks to our partnership with our local ADAMHS Board and Invest In Children, ECMH Consultation and Prevention is offered free to residents of Cuyahoga County.



FOR MORE INFORMATION,
CONTACT

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Did you know that 90% of brain growth happens by the time a child is ready to begin Kindergarten? Did you also know that during this time, preschoolers are three times more likely to be suspended or expelled than children in any other grade due to challenging behaviors?

The Centers ECMH Services focus on ensuring that young children thrive by addressing their behavioral health care needs during their most crucial developmental years to increase their readiness for school and maximize their potential for later academic success.

Our ECMH team provides both therapeutic and consultation services to children 0-6 years old who struggle with social, emotional, and behavioral difficulties. These supportive services are provided in the home and at The Centers' six early learning centers located throughout Northeast Ohio.

ECMH Services address mental and behavioral health struggles including, but not limited to:

- Aggressive behaviors in the home or school setting
- Sleeping/eating/soothing concerns
- Problems with attention/focus
- Sad or anxious behaviors
- Attachment/bonding concerns

In the home environment, ECMH clinicians work closely with the child and primary caregivers to:

- Identify areas of need
- Highlight areas of strength within the family
- Provide education about developmental, psychosocial, and emotional needs
- Help implement strategies to promote positive mental health, foster healthy relationships, and improve overall functioning

In the classroom, clinicians work collaboratively with Early Learning staff. Through classroom observations and consultations, ECMH clinicians provide training and coaching to teachers around improving classroom management and teacher practices to assist with understanding mental health and accessing mental health interventions as needed.

All services are provided by qualified mental health clinicians licensed through the state of Ohio. ECMH clinicians are trained to complete Devereaux Early Childhood Assessments and/or Mental Health Assessments. They also develop Individualized Service Plans, and utilize data gathered from ongoing screening and assessment tools to build child protective factors, promote resilience in caretakers, and plan for professional development with Early Learning staff.

